

# **Crisis Resource Guide**

Last updated: November 2024

## San Francisco Suicide Prevention

Summary: A 24-hour service available for crisis intervention. SFSP aims to support those at risk for suicide and those who have lost someone to suicide. Crisis lines and in-person peer-based support groups are available.

# Fees/Programs:

- Grief Support Group
  - An eight-week peer-led (not clinical) support groups for people who have lost a loved one to suicide. These groups offer a safe and non-judgmental space to share experiences and listen to other survivors. All participants are asked to meet with our Grief Coordinator in advance to discuss the loss and whether the support group would be helpful.
- Youth Risk Reduction
  - A peer-based service that provides free education to young people in public schools and social service agencies through a risk reduction curriculum. Youth Outreach Coordinator provides in-school workshops to provide prevention tools to students in San Francisco.
- Community Outreach
  - San Francisco Suicide Prevention visits businesses, schools, hospitals, mental health agencies, community centers, and more to raise awareness about suicide and provide training in crisis intervention and de-escalation. Training topics can include: risk factors and warning signs, risk assessment recommendations, de-escalation and safety planning, and guidelines for emergency protocol.

Language(s): See website for more information.		
Website: https://www.sfsuicide.org/	Address: San Francisco Suicide Prevention, P.O. Box 191350, San Francisco, CA 94119	
Email: sfsuicide@felton.org	Phone Number: 988 Suicide & Crisis Lifeline: Dial 988 24/7 Crisis Line: 415-781-0500 HIV Nightline: 415-434-2437 HIV Nightline: 1-800-273-2437 TTY Line: 415-227-0245 Drug Info Line: 415-362-3400 Relapse Line: 415-834-1144 Crisis Support Textlines: Text CRISIS, YOUTH, or HIV to 415-200-2920	

## **Psychiatric Emergency Services (PES)**

Summary: 24/7 emotional, behavioral, and mental health crisis support. PES provides crisis stabilization, complete medical and psychiatric assessment and evaluation services, and initial treatment, if appropriate. The staff, which includes physicians, nurses, and social workers, works closely with a number of community agencies to develop short and long-term treatment plans.

Fees/Programs: Individuals must meet criteria for a 5150.

Language(s): Interpreter Services Available

Website: Psychiatric Emergency Services (PES)

Address: 1001 Potrero Avenue, San Francisco, CA 94110, Building 25, 1st floor

# San Francisco Department of Homelessness and Supportive Housing

Summary: The Department of Homelessness and Supportive Housing strives to make homelessness in San Francisco rare, brief, and one-time, through the provision of coordinated, compassionate, and high-quality services.

## Fees/Programs:

- Steps to Accessing Temporary Shelter
- Access Point (to connect with caseworkers focused on housing)
- <u>Drop-In Centers</u> (for food, showers and more)
- Housing Assistance and Problem Solving
- Sign up for an adult shelter
- Temporary shelter for families and pregnant people
- Shelter for women and children experiencing domestic violence
- Other Resources

Language(s): Arabic, Mandarin, Cantonese, English, Tagalog, Spanish		
Website: https://hsh.sfgov.org/	Address: 440 Turk Street, San Francisco, CA 94102	
Email: dhsh@sfgov.org	Phone Number: (628) 652-7700	

## **Comprehensive Crisis Services**

Summary: Provides acute mobile psychiatric crisis evaluation and intervention for children and youth in San Francisco, regardless of insurance, up to age 18. They are strongly committed to delivering family focused and consumer driven care, and developing a safety network within San Francisco County.

# Fees/Programs:

- Sliding scale. Accept MediCal, private insurance, Healthy Families, Healthy Kids.

Language(s): English, Spanish, Chinese, Tagalog, Vietnamese. Other languages can be accommodated.

Website: <a href="https://sf-goso.org/family-children/comprehensive-crisis-services-families-children/">https://sf-goso.org/family-children/comprehensive-crisis-services-families-children/</a>	Address: 3801 Third Street, Building B, Suite 400, San Francisco, CA 94124
Email: N/A	Phone Number: 415-970-3800

# Street Crisis Response Team (SCRT)

Summary: The Street Crisis Response Team (SCRT) operates citywide, seven days a week, 24 hours a day. SCRT provides rapid, trauma-informed emergency care to people in acute crisis. SCRT teams address urgent behavioral health and wellness issues. They provide linkages to critical resources for people with complex health needs such as urgent care, emergency shelter, substance-abuse treatment, mental health and medical clinics, and residential programs. SCRT's mission is to provide an effective alternative response to individuals experiencing mental health crises or low-acuity medical needs while reducing unnecessary law enforcement responses and unnecessary emergency room utilization.

## Fees/Programs:

 Office of Coordinated Care (OCC) assesses referrals from SCRT to determine the appropriate trauma-informed, community-based therapeutic intervention

Language(s): English, Spanish, Chinese, Tagalog, Vietnamese. Other languages can be accommodated

Website: https://www.sf.gov/street-crisis-response-team	Address: N/A
Email: N/A	Phone Number: Call 9-1-1 if you see someone in crisis and describe the behavioral/mental health crisis that you are seeing to the trained dispatchers.

#### **Westside Crisis Clinic**

Summary: The Westside Crisis Clinic provides culturally competent crisis and urgent care services to San Francisco adults (18 years or older). Crisis Clinic is a voluntary, drop-in service open to any adult in need of emergency psychiatric care. The Clinic is designed to stabilize low-income residents in a mental health crisis and refer that person to an appropriate source for follow-up treatment. Be aware of the clinic hours before seeking their services.

## Fees/Programs:

- Contact or visit the clinic for further information

## Language(s): N/A

Website: https://www.westside-health.org/programs/crisis-clinic	Address: 245 11th Street, San Francisco, CA 94103
Email: crisisclinic@westside-health.org	Phone Number: (415) 355-0311

## **Behavioral Health Access Center (BHAC)**

Summary: The Behavioral Health Access Center helps connect people to the mental health and substance use services that best meet their needs, including outpatient programs, residential treatment,

medication support, pharmacy services, and more. Services include: Screening and referrals to care; Access and navigation support for mental health and substance use services; Pre-treatment support such as drop-in support groups; Connection to pharmacy services and Medications for Opioid Use Disorder (MOUD); Medi-Cal enrollment and advocacy

## Fees/Programs:

- Contact or visit the clinic for further information

Language(s): English, Spanish, Cantonese, Mandarin, and Vietnamese. Other languages are available via an interpreter service

Website: Address: 1380 Howard Street at 10th), 1st Floor ss-center-bhac San Francisco, CA 94103

Email: BHACgeneral@sfdph.org Phone Number: 888-246-3333